Artichoke Extract – Anti-cellulite Solution

Artichoke better known as Cynara scolymus has been used in traditional medicine for centuries as a specific liver and gallbladder remedy.

Artichoke is used to mobilize fatty stores in the liver and detoxify it, and as a natural aid to lower cholesterol. Cynarin demonstrated properties against oxidative stress induced by inflammatory mediators. In addition it exercises a certain control on lipolysis, favouring the synthesis energy-transporting enzymes NAD-NADH2 and NADP-NADPH2. It acts as diuretic and vasoconstrictor, stimulating the lymphatic drainage system.

Artichoke mobilizes fat stores from the liver and other tissues such as white adipose tissue, and these fats pour into the blood from which they are subsequently excreted from the body.

Indications

- Oedematic Cellulite
- Oedema
- Localized fat
- Scleroderma

Side effects/ Contraindications

None reported. Dermatitis following contact with the fresh plant and leaves has been reported. Artichoke has been documented in traditional uses to be hypoglycemic; however, no clinical studies have been published to confirm this action. Diabetics and people with hypoglycemia should use this plant product with caution and monitor their blood sugar levels closely in anticipation of these possible effects.

Do not use during pregnancy and lactation.

Presentation

2% - 5 ml ampoule – 0.176 fl. oz.

References

Asian Centella - Cellular Activation Solution

Composition

Centella asiatica, Fucus Vesiculosus extracts, Ivy extracts.

Asian Centella helps in strengthening the capillaries and veins and assists with better blood circulation. It stops the formation of fibers that trap fat cells in cellulite and improve the flexibility of the connective tissue. Asian Centella, also known as Gotu Kola, stimulates collagen synthesis by energizing dermal fibroblasts, which leads to stronger blood vessel walls.

Fucus contains iodines which regulate the metabolic or fat burning rate. It contains mucilage, a natural compound that removes excess body fluids and prevents fluid retention.

The saponosides in the Ivy extract (Hedera helix) are natural surfactants. They relieve congestion in the lymphatic system and make lipids soluble. Ivy helps the skin to better absorption of other present components. Waste products are removed from the tissue, fatty build-ups and deposits are released from the cells and present edemas are reabsorbed.

This high antioxidant, anti-inflammatory and diuretic solution is strong cellulite fighter.

Indications

- Cellulite
- Anti-ageing
- Hypertrophic scars (keloids)
- Skin ulcers
- Post liposuction
- Stretch marks
- Venous insufficiency
- Stria gravidarum
- Wound healing (after burns, peeling, laser, surgery)
- Venous disorders
- Dermatitis
- Hair loss

Side effects/Contraindications

Do not use during pregnancy and lactation.

Presentation

2 ml ampoule – 0.07 fl. oz.

References

* Aesthetic Plastic Surgery 24 (3): 227-234. ISSN: 0364-216X (Print) 1432-5241.
Caffeine is a xanthine alkaloid compound that acts as a stimulant in humans, it can be found in cola nuts, coffee, tea, cacao beans, mate and other plants.

Caffeine increases lipolysis by inhibiting the cyclic nucleotide phosphodiesterase, which is responsible for catalyzing the conversion of cyclic AMP to AMP. The resulting high tissue concentrations of cyclic AMP activate inactive hormone-sensitive lipase and promote lipolysis.

It increases blood flow and stimulates the fat cells to release fat to the bloodstream to be burned by the body’s metabolism.

Caffeine acts to drain the fat cells, tightens and tones the skin and helps to reduce the appearance of cellulite even more. In addition, caffeine acts as diuretics. The diuretic action helps to remove water from fat cells, thereby reducing their size.

**Indications**
- Localized fat
- Cellulite

**Side effects/Contraindications**
Do not mix caffeine in any cocktail that contains Yohimbine. Caffeine is not recommended for individuals with heart conditions, and gastric ulcer disease. Caffeine can interact negatively with lithium.

Do not use during pregnancy and lactation.

**Presentation**
20% - 2 ml ampoule – 0.07 fl. oz.

**References**
DMAE or Norcholine started to be used in external use to produce a lifting effect. It is a natural compound in our body.

DMAE is a precursor of acetylcholine, a neuro-mediator which plays an important role in the skin. Keratinocytes, fibroblasts, myofibroblasts, sweat cells and endothelial cells, have membrane receptors and respond to acetylcholine. The tensile effect of DMAE results in a cholinergic stimulation of membrane receptors of fibroblasts, and stimulates progressive concentration of the myofilaments of its cytosol. DMAE also has antiradical and anti-lipofuscine activities and it repairs the proteinic cross linking (collagen and elastin).

The mode of action of DMAE can consequently result a synergic combination of actions at different levels: tension of dermal non-muscle cells, cohesion and displacement of keratinocytes, hydration and elasticity of the stratum corneum, better nutrition and skin defences, antioxidation and skin uniformation. It acts quickly and lasts long.

**Indications**
- Lifting
- Flaccidity (tummy, arms, legs, etc.)
- Sagging skin (body and face)
- Neck folds

**Side effects/Contraindications**
Do not use during pregnancy and lactation.

**Presentation**
3% - 5 ml ampoule – 0.7 fl. oz.

**References**
Glutathione (GSH) is a small molecule composed of 3 amino acids, cysteine, glutamic acid and glycine. It is a powerful antioxidant found within every cell protecting our cells from free radicals.

Glutathione plays a role in nutrient the regulation of cellular events including gene expression, DNA and protein synthesis and repair, cell growth, and immune response, metabolism of toxins and carcinogens, enhancement of the immune system, and prevention of fat oxidation. It is involved in detoxification, binding itself to toxins such as heavy metals, chemical pollutants and carcinogens and transforming them into a form which can be easily flushed out of the body.

The body produces and stores the largest amounts of GSH in the liver, where it is used to detoxify harmful compounds. GSH levels decline with age, and a lack of glutathione has been shown to leave the body more vulnerable to damage by free radicals, thus speeding up aging processes. Glutathione neutralizes damaging free radicals and peroxide molecules, and recharges oxidized vitamin C and E so that the body may reuse it.

Glutathione has also been implicated in skin lightening. Studies show evidence of its involvement in the melanogenic pathway and its anti-melanogenic effect.

**Indications**
- Lifting
- Skin rejuvenation
- Melasma
- Brown spots
- Hyperpigmentations

**Side effects/Contraindications**
Do not use during pregnancy and lactation.

**Presentation**
1% - 2 ml ampoule – 0.7 fl. oz.

**References**
Glycolic Acid – Brightening Solution

Glycolic Acid is the most commonly used form of Alpha Hydroxy Acids (AHAs), which are a group of naturally occurring acids derived from certain plants and fruits.

Glycolic Acid is considered to decrease the stratum corneum barrier and increase the penetration of topical agents, it works by stimulating new growth of skin and collagen and has an exfoliant action, once applied, glycolic acid reacts with the upper layer of the epidermis, weakening the binding properties of the lipids that hold the dead skin cells together. Furthermore it stimulates glycos-aminos-glycans like hyaluronic acid. The result is a much-smoother skin surface and a more youthful appearance.

Another benefit is glycolic acid’s ability to draw moisturizers into the newly-exfoliated skin surface. Glycolic Acid reduces the appearance of fine lines and wrinkles, age spots as well as improves sun-damaged skin. When used in combination with polyvitamins, Glycolic Acid is also useful for reducing stretch marks.

AHAs also help to unclog pores and thus decrease the tendency for acne to develop.

A recent study indicated an additive inhibitory effect of glycolic acid on melanin synthesis through tyrosinase activity in melanoma cells, so it is effective for treatments of hyperpigmentations.

Indications
- Acne
- Acne Scars
- Blackheads/Whiteheads
- Dry Skin, Sun-damaged Skin
- Blotchy Pigmentation
- Fine Wrinkles
- Loss of Elasticity
- Large Pores, Bumps
- Age Spots/Dark Spots
- Eczema
- Seborrheic Keratosis
- Hyperkeratosis
- Actinic keratosis

Side effects/Contraindications
Do not use during pregnancy and lactation.

Presentation
1% - 2 ml ampoule – 0.07 fl. oz.

Hyaluronic acid is a non-sulfated glycosaminoglycan distributed widely throughout connective, epithelial, and neural tissues.

It is plentiful in our bodies when we are born, but its levels gradually recede over time. This reduction in levels is a big part of the aging process.

Hyaluronic acid is a jelly-like substance that fills the space between collagen and elastin fibers. The role of hyaluronic acid in skin is to provide a mechanism of transport of essential nutrients from the bloodstream to living skin cells, hydrate the skin by holding in water and act as a cushioning and lubricating agent against mechanical and chemical damage. It is capable of protecting the skin against ultraviolet irradiation due to its free radical scavenging properties.

**Indications**
- Wrinkles
- Skin hydration
- Wound healing

**Side effects/Contraindications**

Do not use during pregnancy and lactation.

**Presentation**

3.5% - 5 ml phial
2% - 3 ml phial

**References**

L-Carnitine exists naturally in the body and is an essential cofactor of acid metabolism of lipids. It attaches itself to long-chain acyl groups from fatty acids and carries them to the mitochondrial matrix (transmembrane transportation) so that they can be broken down in beta-oxidation to acetate to obtain usable energy via the citric acid cycle.

L-Carnitine can remove the excess of acyl groups and has an antioxidant activity.

L-Carnitine and acylcarnitines were also shown to be involved in reacylation and remodeling of membrane phospholipids and act as secondary antioxidants to protect cell membranes. Several studies demonstrated that L-Carnitine improves the body status of α-tocopherol, a potent lipid-soluble antioxidant, protecting cellular membrane and plasma lipoproteins.

It helps in the consumption and disposal of fat in the body because it is responsible for the transport of fatty acids from the cytosol into the mitochondria.

Since the fat burning is such a major source of muscular energy, deficiencies in L-Carnitine are manifested as low energy levels and muscular weakness.

**Indications**
- Localized fat
- Cellulite

**Side effects/Contraindications**
Do not use during pregnancy and lactation.

**Presentation**
20% - 5 ml ampoule – 0.176 fl. oz.

**References**
Organic Silica – Drainage & Regenerating Solution

Silicium is a form of the chemical element silica that is thought to improve circulation and ensure the supply of blood even in cellulite tissues. It protects cells against free radicals and oxydation damage by combating lipid peroxidation, as well as stimulates the release of fat into the bloodstream.

It is a structural component of the connective tissue, forming part of important macromolecules as elastin and collagen. At this tissue level it induces the control and proliferation of fibroblasts and favours the regeneration of elastic and collagenous fibres. In the microcirculation, it modifies venous capillary and lymphatic permeability and, in the fatty tissue it stimulates cAMP synthesis as well as triglyceride hydrolysis.

Silica stimulates and regulates fibroblast mitosis. The lack of silicium implies destructuring of connective tissue.

Indications

Due to its wide range of benefits, it is added to almost all cellulite, lipolysis, skin rejuvenation, hair loss, stretch marks and wound healing protocols.

Side effects/Contraindications

Do not use during pregnancy and lactation.

Presentation

0.5% - 5 ml ampoule – 0.176 fl. oz.

References

* Archives of Dermatological Research, Remodeling of the human dermis after application of salicylate silanol, Volume 299, Number 1 / April, 2007.
Phosphatidylcholine is a liquid form of lecithin, which is an enzyme naturally produced in our body. It is the major component of all cell membranes and the lipoproteins that circulate in the blood. It plays an important role in intra and extra cellular metabolic transport by controlling what goes in and what comes out of the cell.

Phosphatidylcholine facilitates the emulsification of fat into the tiniest particles, enabling the absorption and transportation of fat. After administration, phosphatidylcholine induces an enzymatic reaction, which leads to the dissolution of fat by producing an emulsion of nano-sized monoglycerides that is transported into the liver and metabolized by beta-oxidation.

Lipolysis is not a replacement for plastic surgery but a very effective therapy to reduce smaller fat areas.

**Indications**

- Localized fat deposits and body contouring
- Abdominal folds, upper arms, saddle bags, thighs, bottom, knees, back, waist and love handles
- Lipomas
- Liposuction correction

**Side effects/Contraindications**

Do not use during pregnancy and lactation.

**Presentation**

5% - 5 ml ampoule – 0.176 fl. oz.

**References**

Rutin & Melilot Extract – Toning Solution

The beneficial effects of this mixture of active ingredients are centered on the lymphatic and venous levels.

Rutin is a phenolic antioxidant and has been demonstrated to scavenge superoxide radicals. Rutin has antioxidant, anti-inflammatory, anticarcinogenic, antithrombotic, cytoprotective and vasoprotective activities.

Rutin has significant efficacy in diminishing the venous edema which is an early sign of chronic venous disease of the leg. It helps strengthen capillaries, protects against some toxins and has anti-inflammatory effects.

Melilot - used either externally or internally - can help to treat varicose veins and reduce the risk of phlebitis and thrombosis. Melilot contains coumarins, which is converted to dicoumarol, a powerful anticoagulant. It reduces inflammation and swelling and has wound healing properties.

Indications
- Vascular cellulite
- Veino-lymphatic incapacity
- Venous edema
- Lymphatic edema
- Tired and restless leg
- Post traumatic and post surgical edema

Side effects/Contraindications
Do not use during pregnancy and lactation.

Presentation
2 ml ampoule – 0.07 fl. oz.

References
* Experimental and Toxicologic Pathology, Volume 54, Number 4, March 2003, pp. 313-318(6).
Vitamin C – Revitalizing & Antioxidant Solution

Ascorbic Acid is one of the main non-enzymatic, water-soluble antioxidant. Vitamin C is required for the synthesis of collagen, an important structural component of blood vessels, tendons, ligaments and bones. In addition, vitamin C is required for the synthesis of carnitine, a small molecule that is essential for the transport of fat to cellular organelles called mitochondria, for conversion to energy.

It plays a critical role in dermal construction, stimulating collagen synthesis of dermal fibroblasts. This is thought to occur as a result of ascorbate directly stimulating collagen synthesis, directly and specifically activating collagen gene regulation both by increasing the transcription rate and stabilizing procollagen messenger RNA, thus genetically signaling collagen synthesis. Another mechanism is the initiation of lipid peroxidation, which leads to an increase in a by-product, malondialdehyde, which somehow stimulates collagen gene expression.

In addition, ascorbic acid is necessary to form lysyl hydroxylase, an enzyme necessary for cross-linking one collagen molecule to another, providing tissue strength.

The topic use of ascorbic acid prevents and treats photo-ageing. UV light exposure depletes up to two thirds of cutaneous ascorbic acid stores.

**Indications**

- Stretch marks
- Hair loss
- Melasma
- Wound healing
- Skin rejuvenation
- Photo ageing

**Presentation**

20% - 5 ml ampoule – 0.176 fl. oz.

**References**

DNA is a natural polymer present in the cell nucleus of all living beings, and the origin of the genetic code. Its therapeutic effects increase in proportion to the size of the DNA chain, as high polymerisation makes the product more active and improves tissue penetration.

It has been observed that DNA has the power to restore necrosed cells, reconstructing connective tissue by stimulating the scarring processes. X-ADN can restore dead cells and reconstruct a new conjunctive tissue stimulating healing processes.

Histologically, DNA can turn back the destruction of proteins (basically collagen), blood cells, immunocompetitive structures and restore lesions caused by ischaemic processes.

Because of its restorative effects on proteins, X-AND Gel acts against collagen destruction by sun rays, oxidative stress and tobacco (free radicals damages). It possesses synergic action with vitamin E.

**Indications**

- Wrinkles
- Skin hydration
- Smokers skin
- Strech marks
- Hair loss

**Side effects/Contraindications**

Do not use during pregnancy and lactation.

**Presentation**

2.5 ml phial
## Treatment Protocols - Cellulite

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### Treatment Protocols

**Skin Rejuvenation / Mesolift / Sagging Skin**

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-X-ADN Gel and Hyaluronic Acid should be diluted with one of the mixtures components in order to be extract from the phial.
# Treatment Protocols - Lipolysis

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